

"It's All About Me"

Codependency Recovery Seminar *Energize your Spring with RADICAL self care!*



Codependency 101
Family of Origin
Releasing Grief & Shame
Emotional Clarity & Safety
Process of Recovery

Avalon Women's Center
April 29, 2017 Saturday 2-4 PM
5957 West Boulevard, Vancouver
Call to Register: 604-263-7177



Gina Vanderham, MA
Facilitator

Limited Space
